

3	4 Stress Busting Class 1:00 p.m.	5	6 TeleConnection: Compassion Fatigue 11:00 am	7
10 TeleConnection: What We Never Want to Talk About— Realities of End of Life 12:00 p.m	11 Stress Busting Class 1:00 p.m.	12 Grupo de Apoyo para Cuidadores de Personas Adultas Mayores 11:30 am	13	14
17	18 Stress Busting Class 1:00 p.m.	19 Special Presentation: Dr. Paul Bendheim Brain Savers Program 10:00 a.m. Limited sitting, call to register. 956-630-6667 TeleConnection: Developing an Attitude of Gratitude 11:00 a.m.	20	21
24 Problem Solving Techniques for Caregivers 11:30	25 Compassion in Action 9:30	26 Grupo de Apoyo para Cuidadores de Personas Adultas Mayores 11:30 am TeleConnection: Living Guilt Free 10:00 am	27 Dealing with Dementia 11:30am	28

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 family caregivers--give
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