

April 2017 for Family Caregivers and their loved ones

Monday	Tuesday	Wednesday	Thursday	Friday
3 Senior Discussion Group Adjusting to Changes W/ Mary Serna 10:15	4 <i>Zavala Craft Day</i> <i>510 Osage</i> <i>12 noon</i>	5 <i>"A Cup of Care"</i> <i>Social Hour</i> <i>Lindale Sr. Center</i> <i>12:00 noon</i> <i>Sponsored by:</i>	6 Diabetes Basics W/Evette Lindale Sr. Center 12-1 pm	7
10	11 <i>Easter Egg Hunt</i> <i>Lindale Sr. Center</i> <i>10:30 am</i>	12 Alzheimers/Dementia Support Group 12:00 Lindale Sr. Center Sponsored By: New Century Hospice	13 <i>Easter Egg Hunt</i> <i>Zavala Sr. Center</i> <i>12:00 noon</i>	14 Dr. Bendheim MD Neurology Brain Saver Presentation Zavala Sr. Center 10-11 am
17	18 StressBusting Class Lindale Sr. Center 2:30 to 4:00 pm *must be registered	19 <i>"Krafty Karegivers"</i> <i>Lindale Sr. Centers</i> <i>12 noon</i> <i>Sponsored by:</i> <i>Life Care Centers</i>	20	21 Golden Cinema Zavala Sr. Center 3204 Highland 12 noon
24	25 "A Time of Reflection" Dr. Nestor Praderio Lindale Sr. Center 12:00 noon Please RSVP Respite Available	26 Face to Face W/Dr. Nestor Praderio Drs Regional Conf Center 6:30 pm	27 <i>Krafty Karegivers</i> <i>Zavala Sr. Center</i> <i>510 Osage</i> <i>12 noon</i>	28

Caregiver SOS at
Lindale Senior Center
 3135 Swantner Drive
 Corpus Christi, TX 78404
 Office: 361-826-2343



Senior Community Services



HELPING PEOPLE LIVE WITH ALZHEIMERS