

June 2017 for Family Caregivers and their loved ones

Caregiver SOS at
Lindale Senior Center
 3135 Swantner Drive
 Corpus Christi, TX 78404
 Office: 361-826-2343

Monday	Tuesday	Wednesday	Thursday	Friday
*REVISED JUNE 6, 2017			1 StressBusting Class Beeville TX 6-7:30 pm *must be registered	2
5 Senior Discussion Group Safety First Family Counseling 10:15	6 StressBusting Class Lindale Sr. Center 2:00 to 3:30 pm *must be registered	7 "A Cup of Care" Social Hour Lindale Sr. Center 12:00 noon Sponsored by: Corpus Christi Hospice	8 StressBusting Class Beeville TX 6-7:30 pm *must be registered	9
12	13 Healthy Eating 12:00 w/Evette Silvas ,BSN,RN WellMed Educator StressBusting Class Lindale Sr. Center 2:00 to 3:30 pm *must be registered	14 Alzheimers/Dementia Support Group 12:00 Lindale Sr. Center Sponsored By: New Century Hospice Father's Day Event Fun and games Lindale Senior 1-3 pm	15 StressBusting Class Beeville TX 6-7:30 pm *must be registered	16
19	20 StressBusting Class Lindale Sr. Center 2:00 to 3:30 pm *must be registered	21 "Kraffy Karegivers" Lindale Sr. Centers 12 noon Sponsored by: Life Care Centers	22 Kraffy Karegivers Zavala Sr. Center 510 Osage 12 noon StressBusting Class Beeville TX 6-7:30 pm *must be registered	23
26	27 A Time of Reflection Lindale Sr. Center w/ Dr. Nestor Praderio 12 noon	28 Face to face W/ Dr. Nestor Praderio Dr's Regional Conf. Center 6:30 pm	29	30

Father's Day Event
Lindale Senior Center
 June 14th 1-3 pm



Senior Community Services



HELPING PEOPLE LIVE WITH ALZHEIMERS