

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10:00 Caregiver SOS Griffin Center	2
5	6	7 11:00 Caregiver Teleconnection: Planning a Summer Vacation? Travel Tips for Caregivers with Evalyn Greb, LCSW	8	9
12 10:30 Caregiver SOS Northeast Senior Center 12:00 Caregiver Teleconnection: Communicating & Partnering with Health Care Providers	13 10:00 Caregiver SOS Lopez Center	14 10:30-12 Stress Busting General –Cisneros Center (registration required)	15	16 10:00 Caregiver SOS Rainbow Senior Center
19	20 10:30 Caregiver SOS Lopez Center	21 10:30-12 Stress Busting General –Cisneros Center (registration required) 1:00 Caregiver Teleconnection: Anticipatory Grief for Dementia Caregivers with Laura Wayman	22 9:00 New Members Class Griffin Center 10:00 Alzheimer’s Support Group Griffin Center	23 9:00 Caregiver SOS Embassy Oaks
26 11:00 Caregiver Teleconnection: Brain Savers with Dr. Paul Bendheim	27 9:00-12:00 Veteran’s Resource Fair Villas de San Antonio	28 10:30-12 Stress Busting General –Cisneros Center (registration required)	29 10:00 Caregiver SOS Lopez Center	30

June 2017

For Families and Friends
caring for an older loved
one

Caregiver SOS at WellMed Charitable Foundation

8637 Fredericksburg
Rd

San Antonio, TX
78240

210-617-4781

