

August 2017 for Family Caregivers and their loved ones

Caregiver SOS at
Lindale Senior Center
 3135 Swantner Drive
 Corpus Christi, TX 78404
 Office: 361-826-2343

*Come Join Us
 For
 "A Time Of Reflection"
 Luncheon support group
 W/ Dr. Nestor Praderio
 Tuesday, August 29th
 Zavala Senior Center
 noon*

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 <i>"A Cup of Care" Social Hour Lindale Sr. Center 12:00 noon Sponsored by: Corpus Christi Hospice</i>	3	4 <i>WellMed @ Morgan Popcorn Party! 3-4 pm</i>
7	8 Diabetes Basics w/Evette Silvas ,BSN,RN WellMed Educator Lindale Senior Center 12 noon	9 Alzheimers/Dementia Support Group 12:00 Lindale Sr. Center Sponsored By: New Century Hospice	10	11 <i>Bingo @ Cabaniss Field 3434 Saratoga 1:30 pm</i>
14	15	16 <i>"Krafty Karegivers" Lindale Sr. Centers 12 noon Sponsored by: Life Care Centers</i>	17	18 <i>Golden Cinema Zavala Senior Center 510 Osage 12 noon</i>
21	22	23 Face to face W/ Dr. Nestor Praderio Dr's Regional Conf. Center 6:30 pm	24 <i>Resource Fair Zavala Senior Center 510 Osage 12-2 pm</i>	25 <i>Back to School Dance Zavala Senior Center 510 Osage 12-2 pm</i>
28	29 A Time of Reflection Zavala Sr. Center 510 Osage w/ Dr. Nestor Praderio 12 noon	30 <i>Krafty Karegivers Zavala Sr. Center 510 Osage 2:00 pm</i>	31	

CAREGIVER

 BY  **WELLMED**
 CHARITABLE FOUNDATION


**CORPUS CHRISTI
 PARKS &
 RECREATION**


FACE TO FACE
HELPING PEOPLE LIVE WITH ALZHEIMERS

Senior Community Services