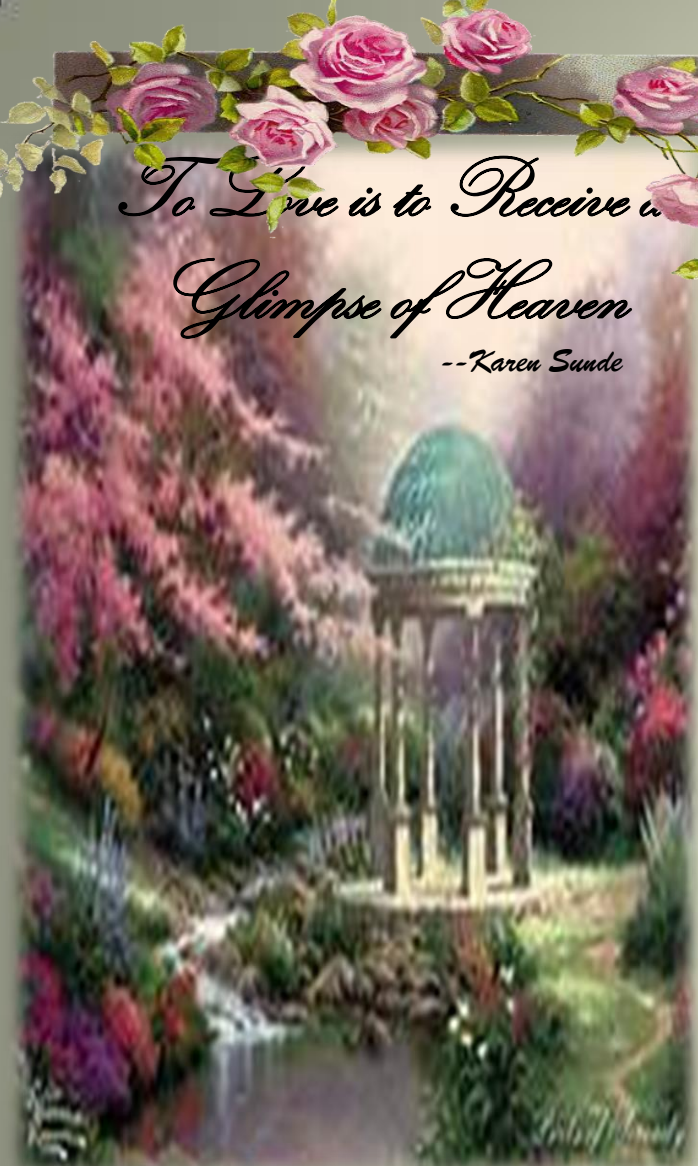


September 2017



*To Love is to Receive a
Glimpse of Heaven*
--Karen Sunde

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>5 “COFFEE N FRIENDS” WOMEN’S SUPPORT GRP SOS Center 10:00 --11:30 “A safe place where women and friends can share, learn, and support one another”</p>	<p>6 STRESSBUSTING #5 1:30 –3:00 pm SOS Cisneros TELECONNECTION “YOUNG ONSET ALZHEIMER’S By --G. Funk 11:00 AM –12 PM</p>	<p>7 MEET YOUR CAREGIVER SPECIALIST Walk Ins Welcome & Appointments Available 210-507-3139</p>	<p>8 WELLMED SCREENINGS CISNEROS SR. CTR . 7--12</p>
<p>11 TELECONNECTION “DEALING WITH GRIEF & LOSS” -L. Bond , LPC By Phone 12 PM --1 PM</p>	<p>12 OLDER RELATIVE CAREGIVER CONFERENCE Centro Med South Commercial Drive 8:30 –1:00 pm</p>	<p>13 STRESSBUSTING #6 GENERAL CAREGIVERS 1:30 –3:00 pm SOS Cisneros Center</p>	<p>14 MEMBER ORIENTATION SOS CENTER 10 AM ALZHEIMER’S SUPPORT FOR CARGIVERS & FRIENDS 10910 Centre Drive WESTOVER HILLS 1:30 –3:00 PM</p>	<p>15 WELLMED SCREENINGS CISNEROS SR. CTR . 7–12 WELLMED SENIOR FIESTA RESOURCE FAIR Elvira Cisneros Senior Ctr. 9:00 –11:00</p>
<p>18 CAREGIVER PASSPORT TO WELLNESS 9:30</p>	<p>19 “CAREGIVER CAFE” CAREGIVER SUPPORT GRP SOS Center 10:30 –12 “A safe place where caregivers and friends can share, learn, and support one another”</p>	<p>20 STRESSBUSTING #7 1:30 –3:00 pm at SOS Cisneros OPEN HOUSE : SOS AT WELLMED NW LOOP 410 CLINIC 9:00 – 11:00 AM FIESTA PATRIAS RESOURCE St. Paul’s Community Center 10:00 –12:00 PM</p>	<p>21 WELLMED AEP KICKOFF RALLY (TBA) LIFE INSPIRATIONS GRP SOS CENTER AT 10 AM TELECONNECTION “STROKES & WHAT CAREGIVERS MUST KNOW” Dr. S. Epner 1:00 -2:00 PM</p>	<p>22 WELLMED SCREENINGS CISNEROS SR. CTR . 730 AM -12 PM SBP FACILITATOR TRAINING (All Day)</p>
<p>25 CAREGIVER PASSPORT TO WELLNESS 9:30 AM</p>	<p>26 RELAXATION SERIES Pt.5 “MASSAGE” 10:30 –11:30 SOS Center at Cisneros TELECONNECTION “PARADOX OF LOVING LIFE” --M. Sirois, PsyD By Phone 11 AM –12 PM</p>	<p>27 STRESSBUSTING # 8 1:30 –3:00 SOS Center</p>	<p>28 MEMBER ORIENTATION SOS CENTER 10 AM</p>	<p>29 WELLMED SCREENINGS CISNEROS SR. CTR . 730 AM -12 PM SBP FACILITATOR TRAINING (All Day)</p>
			 WWW.CAREGIVERSOS.ORG	

Gloria Miranda, BA
Program Manager
(210) 507-3139
GMiranda@Wellmed.net
509 SW Military Dr. Suite #100