


Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 	5	6 9:30 Caregiver SOS Lopez Center 11:00 Teleconnection: About Younger Onset Alzheimer's	7 9:30 Caregiver SOS Griffin Center	8
11 10:30 Caregiver SOS Northeast Senior Center 2:00 Stress Busting Program NE Sr. Center (registration required)	12	13 9:30 Caregiver SOS Support Group Lopez Center	14 9:00 New Members Class Griffin Center 10:00 Caregiver SOS Support Group	15 10:00 Caregiver SOS Rainbow Senior Center
18 2:00 Stress Busting Program NE Sr. Center (registration required)	19 1:30 Stress Busting Program Lopez Center (registration required)	20 9:30 Caregiver SOS Support Group Lopez Center	21	22
25 2:00 Stress Busting Program NE Senior Center (registration required)	26 11:00 Teleconnection: The Paradox of Loving Life while Caregiving 1:30 Stress Busting Program Lopez Center (registration required)	27 10:00 Caregiver Support Group Lopez Center 12:00 Caregiver Telephone Support Group (registration required)	28 9:00 New Members Class Griffin Center 10:00 Alzheimer's Support Group Griffin Center	29

September 2017
For Families and Friends
caring for an older loved
one

**Caregiver SOS at
WellMed Charitable
Foundation**
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