

February 2018

To Love is to Receive a Glimpse of Heaven

-Karen Sunde

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <u>TELECONNECTION</u> "MINDFULNESS" –C. Hazel, MA 11 am	2
5	6	7	8 <u>MEMBER ORIENTATION</u> SOS CISNEROS 10 AM <u>Ask "DEAR LUCY"</u> 866-390-6491 at 12 pm	9
12 <u>TELECONNECTION</u> "FAMILY MEETINGS – Effective Planning" –K. Olmedo, LCSW, CCM, CSW-G 12 pm	13	14	15 <u>LIFE INSPIRATIONS GROUP</u> SOS CISNEROS AT 10:30 AM <u>CAREGIVER LUNCHEON</u> Sponsored by Westover Hills 12 –1:30 PM <u>ALZHEIMER'S SUPPORT</u> 10910 TOWN Center Drive Westover Hills 1:30 –3:00	16
19 <u>TELECONNECTION</u> "MANAGING FAMILY CONFLICT--B. Jacobs, PsyD. 12 pm	20	21 <u>CAREGIVER CAFÉ</u> SOS Cisneros 10:30 am –12 pm A safe place for caregivers to share, learn, and support one another	22 <u>MEMBER ORIENTATION</u> SOS CISNEROS 10 AM <u>New! STRESSBUSTING -D</u> Memory Care on Westover Hills 10910 Town Center 10:30-12:00 <u>Ask "DEAR LUCY"</u> 866-390-6491 at 12 pm	23
26	27	28	 ¡Hablamos! Servicios Lingüísticos en Español	 www.caregiversos.org

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