

3 Morning Coffee with Caregiver Specialist	4 Stress Busting Class #6 -McAllen	5 Teleconnection Living Alone with Dementia 1am-11:30am	6	7
10 Morning Coffee with Caregiver Specialist	11 Stress Busting Class #7 -McAllen	12	13 Teleconnection Dear Lucy 10am-11am  Presentation-McAllen Library-Palm View Branch 10am-11am	14 WMCF Staff Retreat San Antonio
17 Morning Coffee with Caregiver Specialist	18 Stress Busting Class #8 -McAllen Teleconnection Mouth Health/Body Health 1pm-2pm	19	20	21
24 Morning Coffee with Caregiver Specialist	25 Stress Busting Class #9-McAllen	26	27 Teleconnection Hospice Care 11am-12pm	28

Free English and Spanish programs designed to educate and empower family caregivers--Give us a call. 956-630-6667



Programs Partially funded by:



1301 E. Fern Ave. Ste B4  
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