

November 2018 for Family Caregivers and their loved ones

Caregiver SOS at
Lindale Senior Center
 3135 Swantner Drive
 Corpus Christi, TX 78404
 Office: 361-826-2343

Walk For Memory
 Saturday November 3,2018
 9:am to 11:30am
 Water's Edge Park
 402 South Shoreline

Memory On Canvas
 November 7, 2018
 Art Center
 100 N. Shoreline
 5:00 pm to 7:00 pm



Senior Community
 Services



HELPING PEOPLE LIVE WITH ALZHEIMER'S

Monday	Tuesday	Wednesday	Thursday	Friday
5	6 Teleconnection Nestor H. Praderio M.D. November 6,2018 Lindale Center 10:00 am	7 <i>"A Cup of Care"</i> <i>Social Hour</i> <i>Lindale Sr. Center</i> <i>12:00 noon</i> <i>Sponsored by:</i> <i>Corpus Christi Hospice</i>	8	9 VA Caregiver Event Hobby Lobby Craft Room 10:30 am to 1:30 pm MUST BE REGISTERED
12 Alzheimer/Dementia Support Group Lindale Center 12:00 Noon <i>*regular scheduled date</i> <i>change</i>	13 Blood Pressure checks By: WellMed Alameda 10-11 am Diabetes Complications Evette Silvas BSN, RN w/ WellMed 12 noon	14	15 Building A Bridge Thursday,Nov.15,2018 11:00am to 2:00pm Del Mar Center 3209 S. Staples St RSVP 361-883-3935	16
19	20	21	22 Happy Thanksgiving	23 <i>Office Closed</i>
26	27	28 <i>Krafty Karegivers</i> <i>Lindale Center</i> <i>12:00 Noon</i> <i>Sponsored By</i> <i>Life Care Center</i> <i>*regular scheduled</i> <i>date change</i>	29	30 <i>Fun Fridays</i> <i>Wellmed At Six Points</i> <i>1660 S. Staples</i> <i>2:00 PM Till 3:00 PM</i>