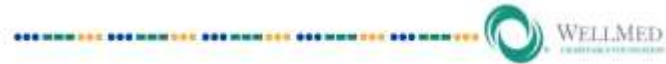


# CAREGIVER SOS November 2018



Supporting seniors and family caregivers

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>TeleConnections are live educational sessions via phone. Caregivers must pre-register by calling: 1-866-390-6491</b></p>			1	2
5	<p>6 <b>WellMed Clinic Harlingen - Thanksgiving Event 10-11 am</b></p> <p>TeleConnections: 10:00 am <b>La dinámica familiar y la demencia con el Dr. Néstor H. Praderio</b></p>	<p>7 <b>Educational Group: 101 Ways to Spend Time with a Person with Alzheimer's Disease Senior Center 11:00 am</b></p>	<p>8 <b>TeleConnections: 10: am Lucy Barylak, MSW as "Dear Lucy"</b></p>	9
<p>12 <b>TeleConnections: 12:00 pm Dealing with Difficult Behaviors with Laura Wolfe, PhD</b></p>	13	<p>14 <b>TeleConnections: 11:00 am Planning a Holiday trip to see a Loved One with Evalyn Greb, LCSW</b></p>	<p>15 <b>WellMed Clinic - San Benito 9:00 am Open House and Coffee with Dr.</b></p>	16
19	<p>20 <b>Education Group: Depression and Caregiving 11:00 am</b></p>	21	<p>22 <b>CENTER CLOSED</b></p>	<p>23 <b>CENTER CLOSED</b></p>
26	27	<p>28 <b>TeleConnections: 11:00 am Dealing with Dementia with Gayle Alston CAREGIVER SYMPOSIUM - GOLDEN PALMS 9AM-2 PM Call to RSVP</b></p>	29	30

Free and Bilingual programs designed to educate and empower family caregivers--give us a call 956-365-4718



Programs Partially funded by: 

**Harlingen Senior Center, Caregiver Support Specialist—Romy Zarate 956- 365-4718**

