

CAREGIVER SOS December 2018




Supporting seniors and family caregivers

3 Teleconnection Caregiving and the Holidays@12pm Caregiver Specialist @WellMed Central 10a-12p	4 Teleconnection Home Safety @12pm	5	6	7 Caregiver Specialist @WellMed Central 9:30a-12p (Dance)
10 Caregiver Specialist @WellMed on Paredes 10a-12p	11	12	13 Teleconnection Dear Lucy @10am	14
17	18 Teleconnection Music and Memory@11am	19	20	21
24	25	26	27	28
31				

Free and Bilingual programs designed to educate and empower family caregivers--give us a call 956-662-6364



Programs Partially funded by: 

**Brownsville
Caregiver Support
Specialist Vanessa Tobias
956-662-6364**



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