


				***Sat Dec 1st Caregiver Symposium for Family Caregivers 1301 E. Fern Ste B4 9am-1pm
3 9am-12am Coffee with Mari (Caregiver Support) ***** 12pm-1pm Teleconnection Caring & the Holidays	4 12pm-1pm Teleconnection Home Safety	5	6	7 **Stress Busting Class #9 Senior Care Edinburg- 10am-11:30am
10 9am-12pm Coffee with Mari (Caregiver Support)	11	12	13 10am-11am Teleconnection Dear Lucy	14
17 9am-12pm Coffee with Mari (Caregiver Support)	18 11am-12pm Teleconnection Music & Memory	19	20 1:30pm-3pm Family Caregivers Christmas Party @ Cross Roads Senior Center 1301 E. Fern	21
24 Holiday-Center Closed	25 Holiday Center closed	26 Holiday Center closed	27 Holiday Center Closed	28 Holiday Center Closed
31 Holiday	January 1st Holiday			

Free and Bilingual programs designed to educate and empower family caregivers--give us a call 956-630-6667



Programs Partially funded by: 

Hidalgo County
Caregiver Support Specialist
Mari Ortega
956-630-6667

