

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 <b>Teleconnection:</b> Caregiving and the Holidays with Melissa Griffin 12:00pm</p> 	<p>4 <b>Teleconnection:</b> Home Safety with Lakelyn Hogan 12:00pm</p>	<p>5 10:00-11:30am Caregiver Support Group-Lopez Senior Center</p>	<p>6</p>	<p>7</p>
<p>10 10:30- 11:30am Caregiver Support Group Northeast Senior Center</p>	<p>11</p>	<p>12 <b>Teleconnection:</b> Lucy Barlyak, LMSW as “Dear Lucy” 10:00am</p> <p><b>WellMed Clinic Open House Ingram 2-4pm</b></p>	<p>13 9:30-11:00am Caregiver Support: Doris Griffin Senior Center</p>	<p>14 </p>
<p>17</p>	<p>18 <b>Teleconnection:</b> Music and Memory with Candice Slusher 11:00am</p>	<p>19 10:00-11:30am Caregiver Support Group-Lopez Senior Center</p>	<p>20 10:00am-11:15am Alzheimer’s Support Group Doris Griffin Center</p>	<p>21 10:00 -11:15am Caregiver 101- Support Group- Rainbow Senior Center/Kronkosky Place-Boerne</p> <p><b>WellMed Clinic Open House Schertz 2-4pm</b></p>
<p>24 Office Closed in Observance of Christmas Holidays</p>	<p>25 </p>	<p>26 Office Closed in Observance of Christmas Holidays</p>	<p>27 Office Closed in Observance of Christmas Holidays</p>	<p>28 Office Closed</p>
<p>31</p>			<p><i>Merry Christmas</i></p> 	<p><b>Quote:</b> “Caring about others, running the risk of feeling, and leaving an impact on people, brings happiness.” Harold Kushner, Rabbi</p>

## December 2018

For Families and Friends  
caring for an older loved  
one

### Caregiver SOS at WellMed Charitable Foundation

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CAREGIVER **SOS**  


