

Supporting seniors and family caregivers

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 TeleConnection: 12:00 pm Caregiving and the Holidays with Melissa Griffin</p>	<p>4 TeleConnection: 12:00 pm Home Safety with Lakelyn Hogan</p>	<p>5</p>	<p>6 Educational Group: 101 Ways to Spend Time with a Person with Alzheimer's Disease Senior Center 2:00 pm WELLMED - SB Loteria - Door Prize 2:00 pm</p>	<p>7</p>
	<p>11</p>	<p>12</p>	<p>13 TeleConnection: 10:00 am "Dear Lucy" Interactive questions and answers about caregiving topics</p>	<p>14</p>
<p>17</p>	<p>18 TeleConnection: 11:00 am Music and Memory with Candice Slusher, LVN</p>	<p>19</p>	<p>20</p>	<p>21</p>
<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>
<p>31 Educational Group: Basic Financial Caregiving 2:00 pm</p>	<p>TeleConnection: live educational sessions via phone. Topics relevant to caregiving issues, Caregivers must pre-register by calling: 1-866-390-6491</p>			

Free and Bilingual programs designed to educate and empower family caregivers--give us a call 956-365-4718



Programs Partially funded by: 

**Harlingen Senior Center,
 Caregiver Support
 Specialist—Romy Zarate
 956- 365-4718**

