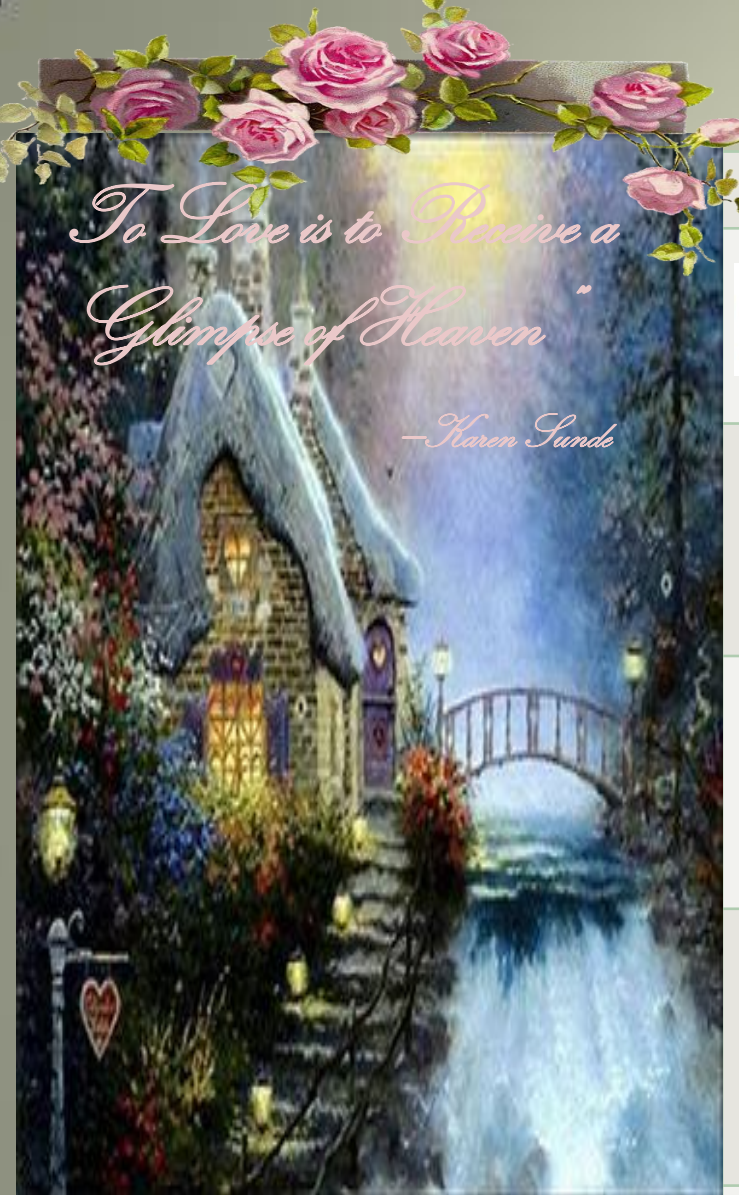







February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
   				1
4	5 TELECONNECTION 11 am “The A’s of Dementia” – T. Cummings , PhD.	6	7 MEMBER ORIENTATION SOS CISNEROS 10 am TELECONNECTION 11 am “Developing a Attitude of Gratitude ” –C. Hazel, MA	8
11 TELECONNECTION “Services Available for Caregivers ” –Z. Wilger 12 pm	12	13	14 TELECONNECTION 10 am “DEAR LUCY ” –L. Barrylak, 	15 LAS PLATICAS: Grupo de Apoyo en Espanol SOS_Cisneros 10:30 -12:00 Para cuidadores familiares que cuidan de un ser querido con Alzheimer’s / Demencia Inscribase: 210-507-3139
18	19	20 CAREGIVER CAFÉ Caregiver Support Group SOS Cisneros 10:00 am – 11:30 TELECONNECTION 11 am “How to Motivate w/o Bullying”” –B. Jacobs, PhD.	21 MEMBER ORIENTATION SOS CISNEROS 10:00 am LIFE INSPIRATIONS SOS CISNEROS AT 10:30 AM CAREGIVER LUNCHEON Westover Hills 12 PM –1:30 ALZHEIMER’S SUPPORT 1:30 10910 TOWN Center Drive	22
25	26 TELECONNECTION 12 pm “Grief and Loss” –L. Ramos	27 TELECONNECTION 1 pm “Aprende a Idenificar 10 Senales” – A. Scott	28	

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